

**MANCHESTER INSTITUTE FOR PSYCHOTHERAPY**  
**CONTINUING PROFESSIONAL DEVELOPMENT POLICY**  
**FOR QUALIFIED PRACTITIONERS**

In line with the recommendations of the UKCP CPD guidelines (2015) with the protection of the public held as paramount, psychotherapists must now provide evidence of annual CPD activities. This is required as evidence of “Good Practice” in maintaining their ability to perform their professional duties competently, and is reviewed every 5 years.

In parallel, psychotherapists must comply and meet the minimum clinical practice as stipulated by the UKCP. This will also need to be reviewed every 5 years.

MIP requires its members, who are practising psychotherapists or trainers, to maintain a comprehensive record of their CPD activities. Whilst recognising that CPD is often dynamic and evolving, MIP provides the following guidelines and recommendations:

- (a) Wherever possible CPD activities and records should demonstrate a maintenance and improvement in standards of practice.
- (b) CPD is to demonstrate active reflection on practice that allows the individual to identify what has been learned or reconfirmed.
- (c) CPD is very broadly defined and can include any of the following: teaching, research, webinars, conferences, personal therapy, supervision, post qualification training and relevant work, placement or secondment experiences. The list is not exhaustive.
- d) Registrants should be able to evidence how their CPD informs their practice with the client groups that they work with.

**Supervision**

In line with the qualified psychotherapist’s regulating body, it is the psychotherapist’s responsibility to meet and provide evidence of the minimum requirements stipulated. For more information please read the MIP Supervision Guidelines document.

**Evidence**

MIP can request evidence of CPD activities from any psychotherapists at any time.

Currently, the minimum CPD requirements for the UKCP are 20 hours per annum, with a total of 250 hours over a five year period.

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In line with UKCP policy, psychotherapists must inform MIP and the UKCP if they have a break from clinical practice of more than three months.

*This policy is regularly reviewed every 18 months and updated a minimum of every 36 months as necessary.*

*Reviewed February 2019*

