

MANCHESTER INSTITUTE FOR PSYCHOTHERAPY

ACCREDITATION POLICY

ACCREDITATION OF GRADUATES ONTO THE UKCP REGISTER

After the completion of the 4 years psychotherapy training, students if they have satisfied all the parallel obligations can apply for registration with UKCP. (see Appendix 24).

Process

Part 1: Clinical case study of 10,000 words.

Part 2: An audio recording with a typed transcript

Part 1: Clinical Case study

This will be taken from student's own field of clinical practice and will need to show competent translation into practice of concepts and methods.

It is particularly important for the student to show his/her role as a Psychotherapist and not focus on the client only in the course of therapy, but on the relationship between the student's process (and interventions) and the client's process.

The case study should be typed, double-spaced on one side of the paper only, and should be 10,000 words in length. Mention must be made of the authors from whom the concepts are taken, and a bibliography in alphabetical order must be included at the end of the case study. Pages should be numbered at the bottom of each page consecutively.

The following guidelines are a checklist of what needs to be included.

(a) Introduction

This should be a brief overview to help the examiner become familiar with the client and client's initial process. It should not be overly comprehensive and normally not exceed 20% of the case exploration. The following are some guidelines of material for inclusion.

1. Brief description of client:

- * Sex, age, marital status, members of the family at present, social relationships at present, job status.
- * Source of the referral.

- * Other therapy, medical/ therapeutic history.
2. Presenting problems/ situation/ purpose of therapy: why she/he came, expectations realistic otherwise.
 3. Initial contracts or agreements established.
 4. First impressions:
 - * General appearance
 - * Physical stature and posture
 - * Mannerisms
 - * Voice quality
 - * Movement
 - * Self/environmental support
 - * Quality of contact
 - * Other
 5. Therapist's initial reaction to client
 - * Likes/dislikes /curiosity ...
 - * Early "hunches"
 - * Who might I represent to the client?
 - * What immediate pitfalls might present in the parallel process?
 6. Give historical information about your client in the following areas
 - * Family
 - * Development
 - * Medical
 - * Sexual relationships
 - * Significant relationships
 - * Education
 - * Works and employment
 7. Initial Diagnostic Picture
 - * Give a diagnosis based on Transactional Analysis, analysing the client's present situation using two or three Transactional Analysis concepts.
 - * Give a diagnosis on the basis of a non TA system that is familiar to you. For example from the last edition of the Diagnostic and Statistical Manual of Mental Disorders.
 - * Describe how you arrived at this diagnosis, and show how you made differential diagnoses to exclude other options

8. Define the presenting problem, making a clear distinction between your understanding and your client's point of view.
9. What was the final treatment contract between you and your client?
10. Treatment plan
 - * Describe your overall treatment plan referring to your diagnosis of the client.
 - * What did you envisage to be the stages and final goal of your treatment?

(b) **The Psychotherapy Process**

Summarise the psychotherapy process, describing its separate stages and using appropriate Transactional Analysis concepts to describe what is happening. Give examples of your interaction with client, including literal transcripts, focussing in particular on your significant interventions and how the client responded.

- * Note any connections between your interaction and the problem that you defined in the beginning
- * State to what extent you consider the contract or contracts to have been completed and what criteria you used to assess this
- * Describe difficulties you experienced with transference and counter transference phenomena with your relationship with the client.
- * Include description of your use of supervision

(c) **Prognosis**

- * Describe the present state of the treatment process and say whether you are still working with this client
- * What is your prognosis?

(d) **Concluding remarks**

- * Describe your learning experience during your work with this client. For example, Mistakes –realisations / what I would have done there been a rewind button.
- * Particular rewards, sources of satisfactions, “what I’m proud of “, “what I did not regret “.

Assessment

From the Case Study (as with the audio transcript) the examiners will be looking for evidence of the student's integration of theory, skill, self-support and ethical practice. Specifically, the students will be assessed in the following 7 areas:

Marking Criteria for 10,000 Word Case Study Psychotherapy Course in Transactional Analysis with an Integrative Approach

	A	B	C	D	U
1. ORGANISATION & PLANNING (Shows a clear structure, the use of diagrams, is grammatically correct with few errors, does not plagiarise and keeps to word limit. Referencing is accurate)					
2. PROBLEM FORMULATION (Diagnosis and assessment, contracting and differential diagnosis)					
3. INTUITION & CREATIVITY (Pacing, use of techniques, concepts and Schools of TA)					
4. APPLICATION OF THEORY TO PRACTICE (Able to demonstrate a clear understanding of the client's process through applying theory to practice)					
5. QUALITY OF CONTACT (Reflections, use of transference and intersubjectivity)					
6. PROFESSIONALISM (Shows awareness of ethical issues according to the UKCP Code of Ethics and Professional Practice, of diversity and culture, and of limits of own competence. Evidences the effective use of supervision)					
7. CONTRACT RESOLUTION (Retrospective considerations and future prognosis, if applicable)					
Grading Scale A. Excellent in most respects B. Very good in most respects C. Good in most respects D. Satisfactory in most respects U. Unsatisfactory - some aspects of the case study need further work (see feedback sheet from marker)					

Student's name _____

Date _____

Marked by _____

Grade _____

Part 2: Audio Recording and Transcript with Commentary

(a) Audio Recording

An audio recording, together with a typed transcript with commentary, of the student engaging in psychotherapy with a client, is submitted for critical analysis. It is not required, but it is recommended, that the audio recording be your case study client.

The audio recording will be approximately 50 minutes duration and should not be longer than this. The transcript will be a maximum of 20 minutes. The student will submit the audio recording of the whole session and it must not have been edited.

Sound must be of a good quality so that both student and client can be understood without difficulty (low background noise /interference).

There should be relatively fluent interaction, i.e. breaks in the audio recording will not normally be too long.

It is particularly important that the audio recording demonstrates the student's work.

His/her interventions/comments will need to be heard, at frequent intervals throughout.

It is important to bear in mind that the audio recording is not meant to show a brilliant psychotherapist, and "flaws" may be commented upon constructively.

(b) The Transcript with Commentary

The transcript will be a maximum of 20 minutes.

The transcript with commentary will be typed on A4 paper.

On each page:

The transcript will be typed on the left-hand side, across 2-thirds the width of the page. Next to it, on the right-hand third of the page the student will type their commentary, eg observations, speculations, personal reactions to the client, interventions and client's reaction, relevant theoretical reflection.

This commentary will include for example supporting material e.g., a seating plan room plan if of particular relevance to the client's process; a glossary of terms and bibliography.

The student is asked to include a Prologue – in which the client is introduced and his/her presenting difficulties outlined – and an Epilogue – which discusses how the work has helped the client move on or how the therapeutic relationship is changed in some way.

Each transaction in the transcript, by both the client and trainee, is to be numbered, eg CL1 and T1 consecutively.

Pages will be numbered consecutively at the bottom of the page.

(c) Assessment Criteria

From the audio recording transcript, the examiners will be looking for evidence of the student's integration of theory, skill, self-support and ethical practice. Specifically, the students will be assessed in the same 7 areas as with the case study, see below:

Marking Criteria for the Audio Recording
Psychotherapy Course in transactional Analysis with an Integrative Approach

	A	B	C	D	U
1. PROBLEM FORMULATION (the ability to formulate the client's problem in terms of Transactional Analysis psychotherapy from an Integrative approach as demonstrated in the prologue)					
2. EFFECTIVENESS (clarity, precision, timing and effectiveness of interventions)					
3. INTUITION AND CREATIVITY (range, flexibility and creativity of therapist's approach)					
4. QUALITY OF CONTACT BETWEEN OF CONTACT BETWEEN PSYCHOTHERAPIST AND CLIENT (including the awareness and availability of therapist's own process, transference and counter-transference)					
5. PROFESSIONALISM (therapist demonstrates an awareness of diversity, ethical, cultural issues and the limits of their own competence)					
6. ANTICIPATION AND PREDICTIONS OF PSYCHOTHERAPY PROCESS (ability to chart the direction of the psychotherapy which will be reflected in the prologue)					
7. THEORY (knowledge of significant aspects of Integrative Transactional Analysis psychotherapy theory)					
Grading Scale A. Excellent in most respects B. Very good in most respects C. Good in most respects D. Satisfactory in most respects U. Unsatisfactory - some aspects of the case study need further work (see feedback sheet from marker)					

Student's name _____

Date _____

Marked by _____

Grade _____

Preparing Audio Recording

Choice of Audio Recording

It is important that the audio recording demonstrates the trainee's work. His/her intervention/comments will need to be heard at frequent intervals throughout.

It is important to bear in mind that the audio recording is not meant to show a brilliant psychotherapist and "flaws" may be commented upon constructively.

Presentation

The audio recording will have a transcript typed on A4 paper and typed on the left hand two-thirds side of each page. On the right hand 1/3 side of each page the trainee will type their commentary, eg observations, speculations, personal reactions to the client, interventions and client's reaction, relevant theoretical reflection.

This will provide simultaneously verbal sound, transcript and commentary.

The transcript may include appropriate supporting material, e.g. a seating plan if a group/couple; a brief prologue and epilogue. Pages will be numbered at the bottom of each page consecutively.

The Evaluation Process to UKCP Registration

The specified Primary Course Tutor will be responsible for the following:

- * The Primary Course Tutor will enable the graduate to gain the appropriate tutorage with regards to the lead-up and completion of the evaluation process – this may include 1:1 tutorage or group tutorage.
- * To read draft copies of submitted work prior to final evaluation and submission and give feedback to the graduate.
- * To complete the first internal marking of submitted work from the graduate.
- * To organise the second marking of the completed works of the graduate with an independent marker.
- * To pass onto the training co-ordinator the outcome of the above processes.
- * If the graduate's evaluation is unsuccessful, the primary course tutor will support the graduate exploring the areas of concern and enabling a further submission.

- * This further submission by the graduate can be undertaken after a period of 3 months, and in the event of a second fail to arrange support for a third and final submission.

Timeframes for MIP Graduates Going Forward for Final Evaluation and Registration

- * MIP Graduates working towards completion of their final evaluation and registration would need to complete all their requirements for the final evaluation within 3 years of the completion of their 4 year training component at MIP.
- * MIP Graduates who do not complete these requirements within the three years will normally be expected to undertake a number of further training modules (or equivalent training hours as agreed by the training co-ordinator). These extra modules will need to be completed within one calendar year.

The complete evaluation must take place within 4 years of graduating from MIP.

For graduates from MIP who completed prior to the UKCP registration of MIP, they must complete the extra modules and evaluation within twelve years.

APPEALS

If your submission for accreditation was unsuccessful you have the right to appeal against our decision following the process below.

There are 2 grounds on which you can appeal:

1. If the assessment procedure has not been followed correctly, or
2. If your submission has not been fairly and properly assessed against the published criteria.

This policy will be reviewed every 18 months and updated a minim of every 36 months.

Reviewed January 2021